

Alpine Medical Clinic
Physician & Surgeons
211 Bear St, Unit 201A/ Bag 4000
Banff, Alberta T1L 1J8
T: (403)762-3155 F: (403)762-5797

HAEMORRHOID BANDING

PATIENT NAME: _____

REFERRING PHYSICIAN: _____

DATE OF APPOINTMENT: _____

TIME OF APPOINTMENT: _____

NOTE: Please note you must inform the office 1 week prior to your appointment if you wish to cancel or reschedule. Failure to do so will result in a \$150 “no show” charge.

This procedure will take place at the Banff Mineral Springs Hospital.

Please arrive 45-60 minutes prior to your appointment.

HAEMORRHOID BANDING:

Is done under local anesthesia and is considered pain free. A tube-like instrument with a light is used to view the anus and expose the hemorrhoids. The haemorrhoids are then held one by one with an instrument whilst a rubber band is placed around the base; this causes the circulation to be cut off and the haemorrhoid will then fall off.

PREPARATION:

No preparation is needed. Avoid taking aspirin products or any iron preparation for two (2) weeks prior to the examination. **YOU MAY EAT AND DRINK AS NORMAL ON THE DAY OF YOUR EXAMINATION.**

AFTERWARDS:

There may be some pain for the next 24-48 hours. Take Tylenol or Extra Strength Tylenol. Keep your bowel movements soft, not diarrhea by eating fibre and drinking 6-8 glasses of water.

RISKS:

Some bleeding can be expected for 4-5 days. You should call Clinic if you have pain that cannot be controlled by painkillers, or a fever greater than 38.5, lasting more than 24 hours.

QUESTIONS OR PROBLEMS:

Contact Dr. Ian MacDonald at his office (403) 762-3155. In case of an emergency, Dr MacDonald can be contacted at home (403) 762-2294 or by cellular phone (403)678-7642.